

CHICKEN	BEEF	PORK	LAMB
Chicken & Mushroom Potato Pie	Beef Ravioli	Pork & Red Wine Ragu	Roast Lamb & Gravy
Chicken Frittata	Beef Rissoles & Gravy	Honey Soy Glazed Pork & Vegetables	Lamb Curry
Tandoori Chicken	Beef Stroganoff	Pork Sausages & Lentil Stew	Lamb & Cauliflower Casserole
Chicken with Pesto	Beef Kebab with Onion Gravy	Roast Pork & Gravy	Shepherds Pie
Mustard Lemon & Rosemary Chicken	Beef Goulash	Pork Mustard Stew	Irish Lamb Stew
Apricot Chicken	Beef & Bean Potato Bake	Pork Casserole	<b>FISH</b>
Chicken Casserole	Beef Lasagne	Pork Stirfry	Goan Fish
Chicken with Tomato & Capers	Veal Schnitzel & Gravy	Pork Meatballs with Creamy Mushroom Sauce	Sweet & Sour Fish
Lemon Chicken	Roma Pasta with Beef	Pork Vindaloo	Fish & Chips
Teriyaki Chicken	Spaghetti Bolognese	Pork Cassoulet	Tempura Fish
Braised Chicken & Leeks	Braised Beef with Eggplant	Ham & Pineapple	Crumbed Fish
Mango Chicken	Beef Patties with BBQ Sauce	Bacon & Potato Slice	Tuna Patties with Sweet Chilli Sauce
Chicken Chorizo Stew	Roast Beef & Gravy	Zucchini Slice	Sweet Soy Ginger Fish
Chicken Chowmein	Beef & Potato Hotpot	Quiche Lorraine	Baked Fish with Lemon Cream Sauce
Creamy Chicken with Herbs	Bangers & Mash	Meatballs with Pasta	
Roast Chicken & Gravy	Savoury Mince		<b>VEGETARIAN</b>
Chicken Biryani	Hearty Beef Casserole		Vegetarian Rissotto with Mushroom
Chicken Schnitzel & Gravy	Steak & Mushroom Pie		Creamy Pasta with Vegetables
Almond Chicken Casserole	Swedish Meatballs		Vegetarian Casserole
Chicken Cacciatore	Meatloaf & Gravy		Spinach & Ricotta Cannelloni
			Vegetarian Pie
			Vegetarian Pasta Bake
			Mexican Style Vegetable Stew
			Spinach Pie

**GLUTEN FREE**

**DAIRY FREE**

**GLUTEN FREE & DAIRY FREE**